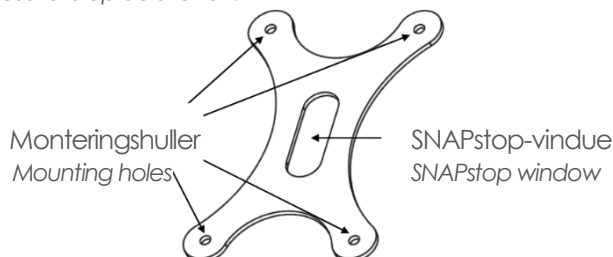


X-tension

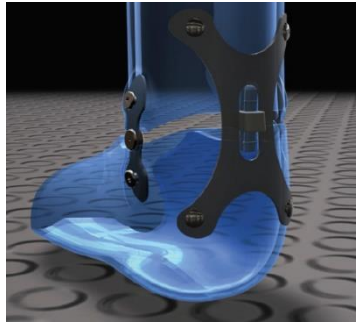
Vejledning til brug

Dette produkt er designet til at modstå eller standse dorsalfleksion med Ankel-Fod-Ortoser .
X-tension is designed to resist or stop dorsiflexion.



- 1) Hvis din ortose kræver et stop, tilpas din AFO sagittalt før du installerer X-tension. (SNAPstop er det eneste plantarflexionsstop, der passer til X-tensions geometri)
If your orthosis requires a stop, sagittally align your AFO before installing X-tension. (SNAPstop is the only plantar flexion stop that fits the X-tension geometry)
- 2) Placer X-tension-båndet på den bageste del af AFO'en med SNAPstop-vinduet direkte over SNAPstop. (Hvis SNAPstop ikke anvendes, placer bunden af SNAPstop-vinduet på niveau med akse i ankelledet)
Position the X-tension band on the posterior aspect of the AFO with the SNAPstop Window directly over the SNAPstop. (If SNAPstop is not used, position the bottom of the SNAPstop Window level with the axis of the ankle joint).
- 3) Markér placeringen af de to nederste monteringshuller på plasten med en afmærkningsblyant eller brænder.
Mark the location of the two lower mounting holes on the plastic with a marking pencil or with hot poker.
- 4) Bor et 1/8" hul (3 mm) på de markerede steder.
Drill a 3 mm hole (1/8") hole at the marked points.
- 5) Fastgør det nedre bånd med Speedy-nitter (for dynamisk X-tension) eller kobbernitter (for statisk X-tension)
Secure the lower band with Speedy rivets (for Dynamic X-tension) or copper rivets (for Static X-tension).
- 6) Når de to bundhuller er fastgjort, stræk X-tension-båndet over AFO'en og marker de to øverste monteringshuller.
Once the two bottom holes are secured, stretch the X-tension band over the AFO and mark the two upper mounting holes.
- 7) Bor et 1/8" (3 mm) hul på de markerede steder. For at øge spændingen i X-tension-båndet, bores hullerne en anelse opad og udad fra mærkerne.
Drill a 3 mm (1/8") hole at the marked points. To increase tension in the X-tension band, drill your holes slightly up and out from your marks.

- 8) Stræk X-tension-båndet let (hvis Dynamisk) og tilpas monteringshullene. Fastgør det øverste båndet med rørformede nitter (til dynamisk X-tension) eller kobbernitter (til statisk X-tension).
Stretch the X-tension band slightly (if Dynamic) and align the holes. Secure the upper band with Speedy rivets (for Dynamic X-tension) or copper rivets (for Static X-tension).



Dette produkt bør kun anvendes til dets oprindelige formål og bør fremstilles under vejledning af en certificeret Bandagist i henhold til de medfølgende instruktioner

This product should only be used for its intended purpose and should be fabricated under the guidance of a certified Orthotist per the provided instructions.



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